

SAHTU HEALTH AND SOCIAL SERVICE AUTHORITY
Policy

POLICY

**Community Counseling
Referral/Request Policy**

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POLICY:

Referrals are the main entry point for accessing Community Counseling services in the Sahtu and the Northwest Territories. All Community Counseling services referrals shall be sent directly to the worker that will be serving the client and to the Clinical Supervisor of Mental Health and Addictions. This is for referrals/requests for services in the Sahtu Region and to services outside of the region and Territory. Attached is appendix A listing the types of referrals/requests for services and who they need to be sent to.

RATIONALE:

In an effort to provide excellent health and social service care as close to the client's home community as possible, and to ensure consistency in referrals, a broader perspective is required.

Approved by: _____



Chad Fehr, CEO

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Appendix A

Types of Referral/Request	GWW	MHAC	CSMHA
Addiction Treatment	✓		✓
Mental Health counseling (DSM IV – diagnosis)		✓	✓
Addiction counseling		✓	✓
Marital and Family counseling		✓	✓
Presentation Request			✓
Workshop Request			✓
Assessment referrals (psychological)			✓(copy)
Psychiatric Consultations from Nurse or MD		✓(copy)	✓(copy)
Family Violence Program Referrals (see Family Violence Assessment and Referral Process)			✓